

wardrobe audit

This guided worksheet will help you sort through your closet with purpose, so you can let go of what's holding you back and rediscover the pieces that truly make you feel confident and at ease.

Use it to get clear on what works, what doesn't, and where you want to take your style next.

step 1: your wardrobe's story

What's the overall feel of your wardrobe?
(e.g. Practical but dull? All over the place? Classic but safe?)

My biggest wardrobe frustration:

What I'd like to feel when I get dressed:

step 2: clear out the clutter

Go through your closet and sort into three piles:

Love it

- **Fit:** Does it sit comfortably without pulling, gaping, or needing adjustment?
- **Silhouette:** Does it enhance your shape and celebrate your best features?
- **Confidence:** Does it make you feel good when you look in the mirror? Do you stand a little taller?

Maybe

Pieces you're unsure about. They might have been gifted, hold sentimental value, or simply be "someday" pieces. Pack them away for 3 months - and if you don't find yourself reaching for them, thank them and move them to 'Let go'.

Let go

Anything that feels uncomfortable, hasn't been worn in over a year, or simply doesn't feel like you anymore. If it makes you self-conscious or like you're somebody you're not, it's time to let it go.

step 3: identify the gaps

Make a list of items you're missing

Tops:

Bottoms:

Outerwear:

Accessories:

Shoes:

step 4: define your style

Three words to describe how I want to look & feel:

step 5: how does your wardrobe feel now?

Now that you've sorted and cleared, check in with how your wardrobe is working for you:

- My wardrobe reflects who I am right now
- I feel confident and comfortable in what I wear
- I have pieces I genuinely enjoy reaching for
- Most items fit well, suit my shape, and mix easily

step 6: what now?

If you've done the audit and still find yourself staring at a wardrobe that feels a little confusing or you're just not sure what to keep, let go of, or add next, I'd love to help. Whether you're after a fresh perspective or a little guidance to define your style, I'm here when you need me. Head to my [website](#) to book a *discovery call*, or reach out via email at hello@kellyross.co.za if that feels easier.